

Weekly Menu 2

Monday

Main Meal: Chicken in Black Bean sauce

Vegetarian Meal: Sweet & Sour Qourn

Vegetable: Soy Sauce and Ginger Stir-fried Vegetables

Vegetable: Broccoli

Potato: Egg Fried Rice or Noodle Nest

Hot Dessert: Golden Syrup Tart and custard

Tuesday

Main Meal: Cottage pie

Vegetarian Meal: Sun dried Tomato Aribiata Pasta

Vegetable: Fresh Diced Swede

Vegetable: Minted Garden Peas

Potato: Buttered and Herbed

Hot Dessert: Banoffie Pie

Wednesday

Main Meal: Creamy Chicken casserole

Vegetarian Meal: Sweet chilli stir-fry with egg noodles

Vegetable: Fresh sliced Leeks

Vegetable: Steamed petit-pous & sweet corn

Potato: Steamed new potatoes

Hot Dessert: Double chocolate sponge and Milk choc sauce

Thursday

Main Meal: Mince Beef, Onion & Vegetable Pie

Vegetarian Meal: vegetable stew and dumplings

Vegetable: Baby Carrots

Vegetable: Sautéed White Cabbage

Potato: Colcanon

Hot Dessert: Lemon Sponge & Vanilla sauce

Friday

Main Meal: Tuna Pasta Bake

Vegetarian Meal: Roasted Vegetable Parcel

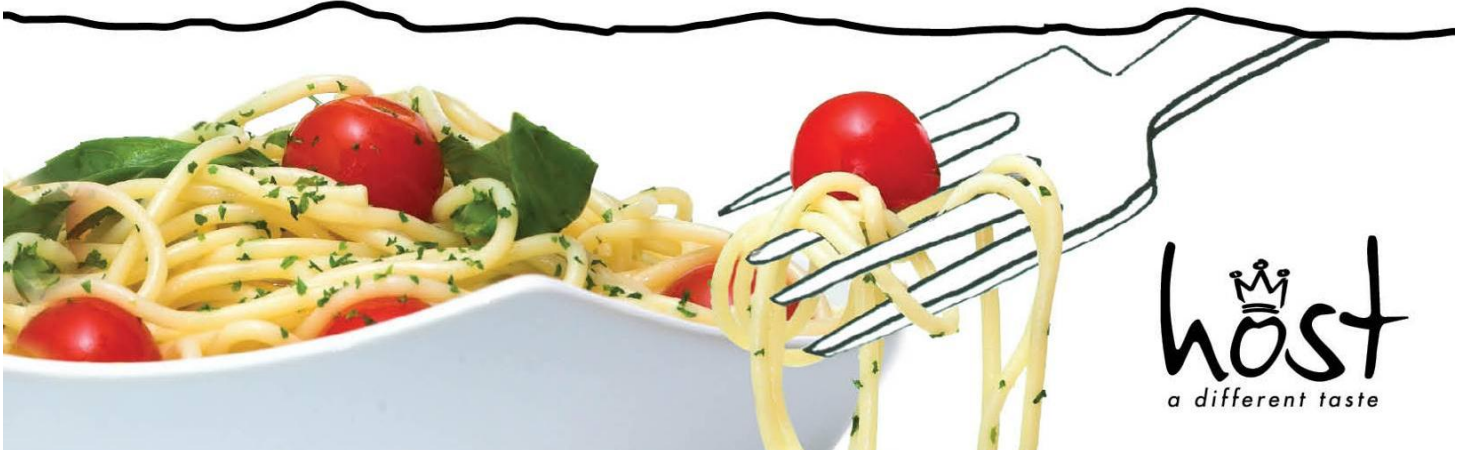
Vegetable: Peas

Vegetable: baked beans

Potato: Paprika & Thyme Wedges

Hot Dessert: Banana & Peach custard

Available Daily: A Selection of Salads, Fresh Yogurts, Apple, Bananas, Oranges, Grapes,



host
a different taste