

Weekly Menu 1

Monday

Main Meal: Chicken curry

Vegetarian Meal: Spanish Tortia

Vegetable: Broccoli with Cherry Tomato

Vegetable: Sweet Corn & Peas

Potato: Long grain rice

Hot Dessert: chocolate mousse

Tuesday

Main Meal: Lasagne

Vegetarian Meal: Vegetable bolognaise

Vegetable: Mange Tout & French Fine Bean Mix

Vegetable: Cauliflower

Potato: Home made Garlic & Herb Bread

Hot Dessert: Rice pudding with Blackcurrant Syrup

Wednesday

Main Meal: Lamb Rogan Josh

Vegetarian Meal: Roasted Vegetable Plait

Vegetable: Mixed Leek & Chick pea Warm Salad

Vegetable: sautéed Courgettes

Potato: Pilau Rice

Hot Dessert: Poached Seasonal Fruit & Custard

Thursday

Main Meal: Roast Turkey

Vegetarian Meal: Creamy Leek & Courgettes

Vegetable: Garden Peas

Vegetable: Roasted Carrots

Potato: Thyme Roasted

Cold Dessert: Apple crumble with vanilla sauce

Friday

Main Meal: Home-made Thai Fish Cakes

Vegetarian Meal: wild mushroom quiche

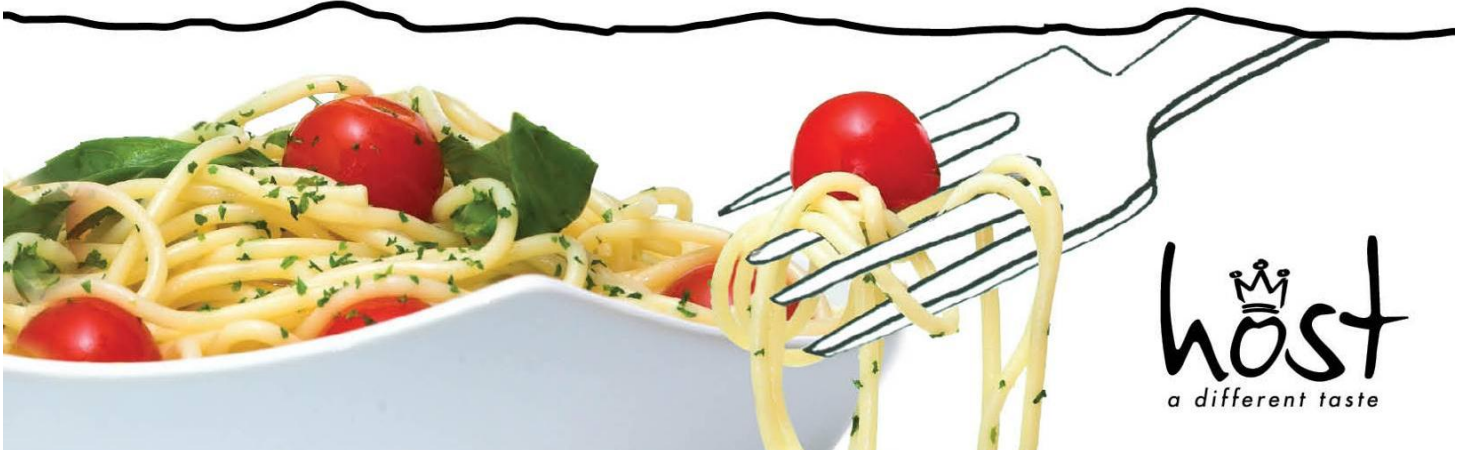
Vegetable: Vegetable Stir-Fry

Vegetable: Sweet Corn

Potato/Rice/Pasta: Jasmin sticky Rice

Cold Dessert: Fresh Fruit Salad

Available Daily: A Selection of Salads, Fresh Yogurts, Apple, Bananas, Oranges, Pears,



host
a different taste