



FELTONFLEET SCHOOL

SENIORS YEARS 5 TO 8

SPORTS INFORMATION

PACK

INDEX

- Introduction to pack
- Games
- P.E
- Fixtures
- Match teas
- Parents Code of Conduct
- Player Code of Conduct
- What Kit do I need?

INTRODUCTION TO PACK

Welcome to the Senior School information pack on Games and P.E.

The purpose of this pack is to provide parents and pupils, simple guidelines and tips on the Games and P.E curriculum.

The pack will also cover guidelines on fixtures, match teas and codes of conduct for both parents and players.

There is also a section dedicated to what kit is required for each activity to help speed the process of changing.

I hope the pack is of benefit to all concerned and should you have any queries or suggestions please do not hesitate to contact me.

Yours in sport

PE and Games Department

GAMES

Each age group will have games three times a week.

| WINTER TERM | BOYS | GIRLS |
|--------------------|-------------|----------------|
| SEPT - OCT | Football | Netball/Hockey |
| OCT - DEC | Rugby | Netball/Hockey |

| SPRING TERM | BOYS | GIRLS |
|--------------------|--------------|----------------|
| JAN - APRIL | Rugby/Hockey | Hockey/Netball |

| SUMMER TERM | BOYS | GIRLS |
|--------------------|----------------|-----------------|
| APRIL - JULY | Cricket/Tennis | Rounders/Tennis |

P.E.

Each age group will have P.E. once a week. The following sports are covered throughout the year. Please see the table to see when your child is participating in each activity. The dates are at the top of the table.

PE Curriculum 2010/2011

YEAR 5 – 8

| YEAR | 1 st Block- 12 Weeks 2/9 - 10/12 | 2 nd Block - 5 Weeks 6/1 - 11/2 | 3 rd Block - 5 Weeks 21/2 - 18/3 | 4 th Block - 10 Weeks 14/4 - 1/7 |
|---------|--|---|--|--|
| 5-1 AW | Swimming | Hockey | Dance | Athletics/Tennis |
| 5-2 MR | Swimming | Hockey | Dance | Athletics/Tennis |
| 5-3 CB | Hockey(2/9-15/10) | Dance (1/11-3-12) | Swim(7/12-18/3,calvi) | Athletics/Tennis |
| 6-1 AW | Swimming | Hockey | Gymnastics | Athletics/Tennis |
| 6-2 MR | Swimming | Hockey | Gymnastics | Athletics/Tennis |
| 6-3 AF | Swimming | Hockey | Gymnastics | Athletics/Tennis |
| 7SH MR | Swimming | HRF | Basketball | Athletics/Tennis |
| 7TN AW | Swimming | HRF | Basketball | Athletics/Tennis |
| 7TP AF | Swimming | HRF | Basketball | Athletics/Tennis |
| 8AW AW | Swimming | Cultural Sport | Badminton | Athletics/Tennis |
| 8Nku AF | Swimming | Cultural Sport | Badminton | Athletics/Tennis |
| 8MR MR | Bad'ton(2/9-15/10) | Cultural Sport (1/11-10/12) | Swim (6/1-19/3) | Athletics/Tennis |

5- SWIM/DANCE/HOCKEY/ATHLETICS/TENNIS

6- SWIM/GYM/HOCKEY/ATHLETICS/TENNIS

7- SWIM/ BASKETBALL /HRF/ATHLETICS/TENNIS

8- SWIM/ BADMINTON /CULTUAL SPORT/ATHLETICS/TENNIS

FIXTURES

Fixtures are generally held on Wednesday afternoons, within Games time and Saturday mornings. There are occasions when these may occur on other days or on a Sunday. It is expected that if your child is selected to play for the school that they honour that selection.

Fixtures can be found in the calendar and team sheets are posted on the Front board outside main entrance and the Sports board in the Sports Centre. Team sheets are available for viewing on the school website. Team sheets will display meeting times, match start times and finish times. Each player will receive a team sheet for notification that they are playing. Notification of any change of fixtures can be found on the school website, team sheet or a Clarion Call will be sent out.

Some fixtures will allow for a variety of teams to be played but in general most games are of an A and B team standard.

Pupils will also get the chance to play for their Section in the Inter section matches.

Fixtures are played both home and away and parents are welcome to support both. The school website has a Routefinder where you can download maps for all the schools and playing fields which we play at.

MATCH TEAS

Match teas for both Feltonfleet players and the visiting schools will be provided after each home game. It is an expectation that every player will stay for match tea whether it be home or away. This is a vital part of school fixtures where the children get the opportunity to meet and converse with the opposition.

Depending on the needs of the visiting school, should visitors shower then Feltonfleet players must also shower. After showering, players must accompany their opposing team-mate to tea and sit with the visitors. In the event that visiting schools do not shower, Feltonfleet pupils may accompany the opposition straight to tea and shower after tea once the visitors have left the site.

Parents are also invited to enjoy match teas and these are provided for both Feltonfleet parents and visiting parents, often in the Old Library or weather permitting on the terrace. Parents' teas are different to the children's teas and it is appreciated if your children and younger or older siblings are not given this too.

For away fixtures, pupils are expected to travel in their school tracksuits or uniform (the team sheet will let the children know). Other items of kit can be carried in the Feltonfleet kit bags.

FELTONFLEET SCHOOL



CODE OF CONDUCT FOR PARENTS, CARERS & SPECTATORS

In a spirit of competition and fair play for all:

PLEASE:

1. Encourage your child to learn and play by the rules.
2. Respect the opinions and decisions of officials, coaches and managers.
3. Encourage children to play, do not force them.
4. Discourage unfair play and arguing with officials and players.
5. Praise your child's efforts, whether they win or lose.
6. Get to know your child's coach/manager.
7. Set a good example by recognising and applauding all good play
8. Use proper language at all times.

PLEASE DON'T:

9. Coach from the side-lines.
10. Punish, ridicule or belittle a child for losing or making mistakes.
11. Please keep dogs on their lead at all times.



CODE OF CONDUCT FOR PLAYERS

- **Learn and play by the Rules.**
- **Play for fun and enjoyment - not just to please your parents and/or teacher.**
- **Be a good sport - win with modesty and lose with dignity.**
- **Recognise and applaud all good play.**
- **Respect teachers, team mates, opponents, officials and their decisions - treat them as you would like to be treated.**
- **Arrive for training and matches in good time to prepare thoroughly & with proper kit.**
- **Always warm up and cool down properly.**
- **Inform the teacher of any injury as soon as possible.**
- **Inform the teacher if you will be late or need to leave early.**
- **Inform the teacher in good time if you are unavailable for any match.**

What kit do I need?

Physical Education

| Athletics | Dance | Gymnastics | Hockey | Swimming | Tennis |
|---------------------|-----------------|-------------------|---------------------------------------|-----------------|---------------------|
| Blue Polo | Blue Polo | Blue Polo | Striped Shirt (B) Hockey Shirt (G) | Towel | Blue Polo |
| White Shorts | White Shorts | White Shorts | Blue Sh/Skorts | Trunks | White Shorts |
| Blue Skorts (G) | Blue Shorts (G) | Blue Shorts (G) | Blue Socks | Costume (G) | Blue Skorts (G) |
| White socks | White socks | White socks | Shin Pads/Gum Shield | FF Hat (B & G) | White socks |
| Outdoor Trainers | Indoor Trainers | Indoor Trainers | Boots/trainers | Goggles | Outdoor Trainers |

Games

| Cricket | Football | Hockey | Netball | Rounders | Rugby |
|------------------|-----------------|---------------------------------------|----------------|-----------------|--------------|
| FF Cricket shirt | Striped Shirt | Striped Shirt (B) Hockey Shirt (G) | Blue polo | Blue polo | Hooped Shirt |
| White Trousers | Blue Shorts | Blue Sh/Skorts | Blue Skorts | Blue Skorts | Blue Shorts |
| White socks | Blue Socks | Blue Socks | White socks | White socks | Blue Socks |
| Jumper | Shin Pads | Shin Pads/Gum Shield | | | Gum Shield |
| Spikes/trainers | Boots | Boots/trainers | Trainers | Trainers | Boots |

Please ensure you have your TRACKSUIT and SWIMMING KIT in school at all times.